women chant. The tempo becomes more and more frenzied, and at a certain moment a bell rings. Nobody knows who rings it, and no amount of questioning elicited any information other than that this was done by divine action.

Ancestral worship is equally important in the life of Taira people. Each house of an oldest son has a shelf with a shrine in the main living room. On this shelf the family keeps the ancestral tablets, each representing a deceased ancestor of a recent period. The tablets for whole family lines are kept on the shelves of the main houses. Through this system a family maintains continuity between the living and the dead. Although a deceased person is believed to become a buddha or a god who ascends to heaven, his presence is still felt by the living relatives. If they fail to make the required offerings on the first and fifteenth day of each lunar month, or otherwise neglect religious duties toward the ancestor, misfortune may come to the family. At the same time, the worship of common ancestors holds branches of the larger kin groups together.

No village adult died during our stay, but the funeral practices for adults described by Glacken (1955) and Pitts et al. (1955) for other villages in Okinawa are similar. Seven years is the age limit for a child burial, which is simple and does not require attendance of people other than immediate relatives and perhaps one or two neighbors.* During the study an 8-year-old boy died from an illness and was given a full funeral, which is similar to that of adults.

The funeral must take place at the first outgoing tide after the body has been prepared and dressed. Accompanied by family, residents of the ward, and mourners from other parts of the village whose number depends on the prominence of the dead, the body is carried on a simple, open litter to the tomb area just west of the central village (see map 2). Women feel free to show their emotions, while men remain outwardly calm. Until decomposition takes place, the body remains in a tomb used by the whole village for temporary entombment. Like other village ceremonies, funerals are less elaborate now than they once were, perhaps to the relief of all concerned, since death is highly anxiety provoking, and nobody feels comfortable during the prayers and the ritual farewell to the corpse at the tomb. The participants receive a cup of sake before leaving the tomb area to cleanse them of the pollution of death. Some people still prefer to return to the village by a different route so that the spirit of the dead person will be fooled and unable to follow.

* The reason for this is possibly that the younger child has not yet fulfilled his filial obligations.

brazier in the city. She was kept warm continuously, even in hot weather, so that, it is said, women often broke out in skin eruptions from the heat. At present younger women are not following this practice and many regard it as a foolish custom. The absence of jiiru in post-war houses may be a factor in the decline of the custom. 178 846 [354]

Post-natal Observances During the first year of life the child is the center of several ceremonies. They are in brief: 852

1) Mbagii suuji, "Red rice ceremony". Held on the day of birth. Relatives, friends, and neighbors come. Rice dyed red and a soup of taro stems (a symbol of many children) are offered to the ancestral tablets and served to the guests. The afterbirth is buried behind the house while the children are made to laugh so that the baby will have a good disposition. [844]

2) Naajiki, "Naming". Held during the first week. Practices vary. In one variety the baby's grandmother releases a crab and a grasshopper and shoots an arrow at a winnowing tray; in another she divines with rice grains to see if the name she has selected is proper. This rite was formerly held to give the baby its native Okinawan name. [553] [787]

3) Mansang, "Full birth". Held on the 7th or 30th day after the birth to celebrate the full term. A feast is served to relative, friends, and neighbors.

4) Naa'njii, "First going out". Held for a boy on the first day of the ten-day cycle, designated as kanii, on the second kanii day for a girl. The baby's grandmother makes it pray to the ancestral tablets and to the oven god, then marks its forehead with soot and takes it out, formerly to pray to the god of the pigsty-privy. [769] [782]

5) Hachi-atchii, "First walking". Held whenever the mother is first able to go to visit her parents and siblings. She takes gifts of food to them and in return they give money to the baby.

6) Tanka, "Birthday". Held on the first anniversary of the birth. A feast is prepared and many relatives and friends come bringing gifts of money. The child's future career is divined by placing a number of objects in front of it---money, a book, an abacus, food, etc. If the child chooses the money he will be rich; if the book, a scholar; if the food, a glutton; and so forth. The odds are usually weighted in favor of a desirable future. [527] [787]

There seems to be some variation in all of these practices. Several may be obsolescent because some of the elements entering into them are no longer in use, the pigsty-privy and the native names, for example. [178]

Infanticide New-born babies may be done away with if they are not wanted, but this is probably not at all common under ordinary circumstances. One example was recorded: An old woman who died recently lay for about a week on her death bed unable to talk. Her children gathered about her, wondering if some sin ('tsumi') were not in need of atonement ('tsugunai'). 847 783 •

847 Finally one of her brothers told them the reason. When she had been a young
783 woman her husband had been awa for a long period during which she had had relations with other men and had had a baby by one of them. To avoid the disgrace and the anger of her husband, the woman's mother had buried the child alive in the back yard. The story was known to other older members of the family because some time later the bones had been discovered. When the story was told to the children, they told their dying mother that she could now go peacefully. She died soon after. All agreed that if a tablet had been made for the dead infant and incense had been burned, even in secret, the mother would not have suffered when she died. Infanticide thus may be punished by the supernatural, but then the punishment may also be avoided by the proper offerings.

847 Lebra reports that birth statistics from the village of Kitazato suggest that female infanticide has been practiced there recently. Statistics from other communities studied do not give the same skewed sex ration.

853 Infant Care Okinawan mothers nurse their babies for a year to a year
854 and a half, though some are said to continue even until the child is three. They keep no schedules but give their babies the breast whenever they seem to want it. They deliberately offer a fretful baby the breast not only to appease its hunger but also to comfort it and it is not unusual to see a grandmother offer her dry breast to a child as a pacifier. I once commented to two Okinawan women that a certain American doctor has argued that Okinawans are happier than Americans because they are breast-fed as infants rather than bottle-fed; the women answered immediately, "But it's not the milk; it's the love ('aijō')."

853 Infants receive no food other than milk for the first nine months. Then they are given a little gruel made by skimming off the top of a mixture of cooked rice and water. This is not given earlier because it is believed that milk and rice do not mix well in the infant's stomach. After the child's first birthday it is given most adult foods, unless it is especially weak. Most children will not eat everything, however, but, it is said, will prefer sweet foods and avoid highly seasoned foods. Mothers do not prechew food for small children as a rule but may do so in some cases, to take the bones out of fish, for example.

843 Toilet training is neither early nor strict. Adults as a rule defe-
[SN] cate only in the toilet but are likely to urinate almost anywhere. They do not expect small children to be very careful. A baby wears a diaper until it is a year or a year and a half; then it may wear only a dress or shirt with no pants. At first the mother holds it over the toilet or merely off the edge of the house. In time it is expected to go to the toilet itself to defecate. Children are said to go by themselves when they are three. I have seen children of four still defecating beside the house, too busy playing to go to the toilet. They were scolded for it but received no more severe punishment.
[178] This was in the city, however, and I was told that while their mothers did not object much to this behavior, their grandmother objected more strongly and scolded their mothers for permitting it. The change in type of toilet may

513 Ventilation at night may be poor; the sliding doors are usually tightly shut and locked. In larger towns and cities this practice may be explained as due to the prevalence of thieves, but in the country there must be another reason; it is probably the fear of yanakaji or of the kijimunaa. The first, yanakaji, literally "bad winds", are ghosts, who may cause illness. The kijimunaa is a sea-being or tree-being who causes a frightening but harmless sensation of smothering and weight on the chest. These creatures may enter through open doors or windows. According to one informant their entry might be prevented by setting up a butcher knife in the opening but I have not seen it done. (It could only be done for a window; in a door it would be dangerous to the human occupants.)

[775] [776]

In spite of their sleeping with relatively little change in position while in bed, Okinawans seem to be able to fall asleep in a variety of positions and circumstances, in busses and on trucks, in the midst of family activities, with noise and bright lights apparently presenting no obstacles. This ability may be the result of the early experience of sleeping under all sorts of conditions while being carried on the mother's back. There are two restrictions to sleeping. All avoid sleeping with the head oriented west, because that is the way a corpse is oriented. The other is that girls and women must avoid sleeping with the legs separated. Lebra observed one grandmother give her little granddaughter a hard pinch on the thigh for this.

Okinawans recognize that sleep is essential to maintaining the body. After a restless night one may say that he "had insufficient sleep". It has been asserted that the Japanese regard sleep as a luxury rather than as a necessity. This cannot be said of the Okinawans.

[171]

515 171 Cleanliness In care of the body, the Okinawans are among the cleanlier of the world's peoples. They bathe frequently, keep their nails clean by constant trimming, their teeth clean by prolonged morning brushing, and their hair neatly cut or dressed. But they are not as cleanly as the Japanese or at least as the urban Japanese. One reason why they bathe less frequently is that baths are simply less available. Many villages are without public baths. Most farmers must either pour cold water over themselves at their wells or a little hot water warmed in the kitchen. In villages where there are few wells the water must be carried. Another factor may be modesty; nudity is not taken for granted as in Japan, so that one does not strip nude at the well in the daytime. A third factor may be the lack of such highly-developed concepts of ceremonial purity and pollution as exist in Japan. There are no tabus on the activities of menstruating women on Okinawa as there are in Japan, for example.

[302] [834] [703]

291 834 Nudity Pre-school children often play nude. Mothers sometimes appear to be displaying little boys nude to demonstrate their masculinity. Photographs of naked baby boys are popular. Boys may continue to swim nude until eight or so, but girls begin to put on some garment for swimming sooner. Women nurse in public and sometimes work at home with the breasts uncovered. Adults of both sexes may urinate in public, but in such a way that the body may not be seen. Adults do not appear publicly or privately before one another nude. Public bath houses have separate sections for men

[853] [514] [515]